

177 Mental Toughness Secrets of the World Class

By Steve Siebold



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The Tought Processes, Habits and Philosophies of the Great Ones

Some of the Mental Toughness Secrets You Will Learn:

Champions Lead Through Facilitated Introspection

The World Class Compartmentalize Their Emotions

The World Class Are Ferociously Cooperative

The Great Ones Possess Supreme Self Confidence

The World Class Embrace Metacognition

The World Class Are Coachable

Champions Know Why They Are Fighting

The World Class Operate From Love and Abundance

School Is Never Out For The Great Ones

Champions Are Interdependent

The Great Ones Are Bold

Champions Are Zealots For Change

The Great Ones Dont Give BackThey Just Give

Champions Are Masters Of Mental Organization

The Great Ones Only Negotiate Win-Win Deals

Champions Seek Balance

Champions Believe In Honesty

The Great Ones Arent Afraid To Suffer





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