



# A Cognitive Psychology of Mass Communication (Routledge Communication)

By Richard Jackson Harris, Fred W. Sanborn

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*A Cognitive Psychology of Mass Communication* is the go-to text for any course that adopts a cognitive and psychological approach to the study of mass communication. In its sixth edition, it continues its examination of how our experiences with media affect the way we acquire knowledge about the world, and how this knowledge influences our attitudes and behavior. Using theories from psychology and communication along with reviews of the most up-to-date research, this text covers a diversity of media and media issues ranging from commonly discussed topics, such as politics, sex, and violence, to lesser-studied topics, such as sports, music, emotion, and prosocial media.

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## Editorial Review

Review

**'This title represents one of the most accessible and comprehensive looks at the subject. Offering a diverse, current snapshot of several areas of mass communication, Harris and Sanborn cite studies from several continents and highlight past and contemporary work to cover classic approaches to mass communication, such as the requisite discussion of sexual media, media violence, and the role of news media in contemporary society. In addition, the authors demonstrate great acumen with more contemporary approaches to media research, such as discussions of media's role in sparking insight (eudaimonia) as well as pleasure (hedonism). A closer read of the book at times reveals the author's own notes and fears about media and society (including subtle references to gun-control laws and childhood obesity, among others), but these points are made not as pontifications but rather as contextualized provocations. That is, they are efforts to push the reader beyond the litany of citations so that they can understand the implications of research rather than the findings in isolation. A must-read for anyone with professional or even passing interest in the psychological impact of mass communication; the margins of this reviewer's copy are already full of lecture and research notes. Summing Up: Highly recommended.'** *N.D. Bowman, CHOICE*

About the Author

**Richard Jackson Harris** is Professor of Psychology at Kansas State University in Manhattan KS, where he has taught since 1974.

Fred W. Sanborn is Associate Professor of Psychology at North Carolina Wesleyan College, where he teaches a wide range of psychology courses. He is also the founding director of the NCWC's Teaching and Learning Center.

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