



## It's Not Him, It's You: The Truth You May Not Want - but Need - to Hear

By Christie Hartman

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"The only dating book you will ever need!" -**A reader**

"The most useful advice book on relationships I've ever read" -**An Amazon reviewer**

"Amazingly straightforward advice." -**Ashley L.**

**Tired of gamey, manipulative dating advice for women?  
Seeking to UNDERSTAND men, rather than condemn them?  
Looking to ENJOY dating, rather than dread it?**

**You've come to the right place!**

During the early stages of dating, many women unknowingly make one or more fundamental mistakes that hinder their ability to date successfully and find the man of their dreams. Internationally acclaimed "It's Not Him, It's You" will identify each of these Top 10 mistakes, and show you how to fix them!

With Dr. Christie Hartman as your guide, you'll learn how to put this groundbreaking research to work for you. You'll learn that you, as a woman:

- Have the advantage over men in the dating world
- Should make the first move with men--not wait for them to act
- Can detect if a guy is truly interested in you, even before you go out with him

Anyone can tell you to avoid sex on the first date, or to wear a skirt, or to flirt a lot. This book gives you what you really need: the research-based strategies you need to make dating work for you--and find the happiness you deserve!

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**Bibliography**

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### **Editorial Review**

From Publishers Weekly

Though she agrees that "sometimes dating sucks," psychologist Hartman (*Dating the Divorced Man*) has found, through considerable research, that "during the early stages of dating, women unknowingly make one or more fundamental mistakes." Here, she enumerates the top ten such mistakes—including "You Think Men Have a Clue," "Your Attitude Sucks," and "You Plan Your Wedding After the First Date"—to help women identify and stop self-sabotaging behaviors. Throughout, Hartman puts responsibility squarely on the woman reading, a tough-love strategy assuaged with doses of compassion and empathy, and sweetened by the promise of empowerment, independence and self-knowledge. Hartman also encourages women to learn as much as possible about the men's side of things, pointing to Askmen.com and Neil Strauss's *The Game*. More than experts, mothers and even friends, however, Hartman believes a woman's most helpful advisor is herself; her most valuable lesson is on tuning out unhelpful voices and learning to listen to the one that knows you best.

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Review

*(added by author)*

About the Author

Dr. Christie Hartman is a dating expert, scientist, and author of five dating advice books.

### **Users Review**

**From reader reviews:**

**Shawn Holmes:**

People live in this new day time of lifestyle always attempt to and must have the time or they will get large amount of stress from both daily life and work. So , if we ask do people have extra time, we will say absolutely yes. People is human not really a huge robot. Then we ask again, what kind of activity are you experiencing when the spare time coming to anyone of course your answer will probably unlimited right. Then ever try this one, reading textbooks. It can be your alternative within spending your spare time, the book you have read will be *It's Not Him, It's You: The Truth You May Not Want - but Need - to Hear*.

**Jordan Moore:**

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**Ronald Sadowski:**

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