



## Simple Strategies That Work! Helpful Hints for All Educators of Students With Asperger Syndrome, High-Functioning Autism, and Related Disabilities

*By Brenda Smith Myles, Diane Adreon, Dena Gitlitz*

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Children and adolescents with Asperger Syndrome and high-functioning autism have great potential, but all too often their abilities are not realized. Simple Strategies That Work! provides effective approaches and strategies that teachers can take to help their student with AS/HFA on the road to success. The book also discusses problems that may arise in the inclusion classroom and how educators can make even small adjustments to accommodate their students with autism, while not interfering with standard classroom routines.

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## **Editorial Review**

### Review

"Simple Strategies" is an excellent resource for any teacher, regardless of level or specialization. --Kristen E. Hagen, elementary teacher and educational consultant

Meeting AS/HFA students' needs as a classroom teacher is challenging, but this book makes the job easier. -- Nancy Hildreth, middle school teacher, Queen of the Holy Rosary Wea Catholic School

The secret is in its simplicity. Use as a training guide for school staff working with students with AS/HFA. -- Kari Dunn Buron, autism resource specialist, author of "When My Worries Get Too Big!" and co-author of "The Incredible 5-Point Scale"

--Nancy Hildreth, middle school teacher, Queen of the Holy Rosary Wea Catholic School

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### About the Author

Brenda Smith Myles Ph.D., a consultant with the Ziggurat Group, the National Professional Development Center on Autism Spectrum Disorders, and the Education and Treatment Services Project for Military Dependent Children with Autism, was the recipient of the Autism Society of America's Outstanding Professional Award; the Princeton Fellowship Award; and the Council for Exceptional Children, Division on Developmental Disabilities Burton Blatt Humanitarian Award. She has written over 150 articles and books on autism spectrum disorders, including *Asperger Syndrome and Difficult Moments: Practical Solutions for Tantrums, Rage, and Meltdowns* (with Southwick) and *Asperger Syndrome and Adolescence: Practical Solutions for School Success* (with Adreon). The latter was the winner of the Autism Society of America's Outstanding Literary Work. Brenda has made over 500 presentations all over the world, and served as the co-chair of the National ASD Teacher Standards Committee. Myles is also on the executive boards of several organizations, including the Organization for Autism Research and Maap Services Inc. In addition, she was recently acknowledged as the second most productive applied researcher in ASD in the world from 1997 to 2004. Diane Adreon, M.A., is associate director of the University of Miami/Nova Southeastern University Center for Autism & Related Disabilities. Ms. Adreon has presented nationally and internationally on high-functioning autism and Asperger Syndrome. Ms. Adreon is the co-author (with Myles) of *Asperger Syndrome and Adolescence: Practical Solutions for School Success* (2001 winner of the Autism Society of America's Outstanding Literary Achievement Award). She serves on the editorial boards of *Focus on Autism & Developmental Disorders* and *Intervention in School & Clinic*. Dena Gitlitz, a woman with autism, is a writer, artist, and speaker, who presents nationally on autism and Asperger Syndrome. Her unique perspective addresses thought processes, sensory sensitivities, common challenges, and support strategies. She serves on the professional advisory board of MAAP Services Inc., and the Autism Society of the Palm Beaches.

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