



# The Expanded Family Life Cycle: Individual, Family, and Social Perspectives (4th Edition)

By Monica McGoldrick, Betty Carter, Nydia Garcia-Preto

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The 4th edition of this Family Therapy text (publication date: 2011) which has become a classic in the 30 years of its use, expands even further new and more comprehensive ways to think about human development and the life cycle, reflecting changes in society away from orientation toward the nuclear family, toward a more diverse and inclusive definition of family. This expanded view of the family includes the impact of issues at multiple levels of the human system: the individual, family households, the extended family, the community, the cultural group, and the larger society. The text features a ground-breaking integration of individual male and female development in systemic context; discussion of our nation's increasing racial, ethnic, and cultural diversity across the life cycle; life cycle perspectives on LGBT issues, alcohol, sexuality, migration, social class, violence in the family, and assessment of "home place" as fundamental to clinical work.

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## **Editorial Review**

### About the Author

**Monica McGoldrick, M.A., M.S.W, Ph.D. (h.c.)**, is the Director of the Multicultural Family Institute in Highland Park, NJ, and on Psychiatry Faculty of the Robert Wood Johnson Medical School. Her other books include: *Ethnicity and Family Therapy*, 3rd ed; *Genograms: Assessment and Intervention*, 3rd ed. *Living Beyond Loss: 2nd ed*; *Revisioning Family Therapy: Race, Culture, and Gender in Clinical Practice*, 2<sup>nd</sup> ed; and *The Genogram Journey: Reconnecting with your Family-* to be published by W. W. Norton in the Fall of 2010, which translates her ideas about family relationships for a popular audience, using examples such as Beethoven, Groucho Marx, Sigmund Freud and the Kennedys.

She received her BA from Brown University, a Masters in Russian Studies from Yale University, and her M.S.W and an Honorary Doctorate from Smith College School for Social Work. Dr. McGoldrick is known internationally for her writings and teaching on topics including culture, class, gender, loss, family patterns (genograms), remarried families, and sibling relationships. Her clinical videotape demonstrating the use of the life cycle perspective with a multicultural remarried family dealing with issues of unresolved mourning has become one of the most widely respected videotapes available in the field.

**Betty Carter, M.S.W.**, founder and Director Emerita (1977-1997) of the Family Institute of Westchester in White Plains, New York, spent over 30 years as a family therapy clinician, supervisor, teacher, and director of a major training institute. She received awards from the American Family Therapy Academy, Hunter College School of Social work, and the American Association of marriage and Family Therapy Research and Education Foundation. With her colleagues Peggy Papp, Olga Silverstein and Marianne Walters she co-founded the Women's Project in Family Therapy, which promoted a feminist revisioning of family therapy and received awards from both the Family Therapy Academy and the AAMFT. Their work culminated in a book on gender-sensitive family therapy practice: *The Invisible Web: Gender Patterns in Family Therapy Relationships*.

In 1996 Betty Carter authored a trade book on couples, *Love, Honor and Negotiate: Building Partnerships That Last a Lifetime*. She published numerous professional book chapters and journal articles, along with educational videotapes produced by Steve Lerner for Guilford Press. Married to her husband Sam, a musician, for over 50 years, Betty has two sons and three grandchildren. She has said that of all her ideas she always loved the family life cycle framework most "because it contains all the other ideas and has room for more."

**Nydia Garcia-Preto, M.S.W.**, is the Associate Director at the Multicultural Family Institute in Highland Pk., NJ where she also has a Private Practice. Ms. Garcia-Preto was formerly a Visiting Professor at the Rutgers Graduate School of Social Work, and for many years the Director of the Adolescent Day Hospital, at the University of Medicine and Dentistry of New Jersey. She received her MSW from Rutgers Graduate School of Social Work and her BA in Sociology at Rider College. A highly respected family therapist, author, and teacher, and organizational trainer, she has publications in textbooks and journals on issues of cultural competence, Puerto Rican and Latino families, Latinas, immigration, ethnic intermarriage, and families with adolescents. She is co-editor of the most recent edition of *Ethnicity and Family Therapy*. Ms. Garcia-Preto received the Frantz Fanon, M.D. Award from the Post Graduate Center for Mental Health for her work Puerto Rican and Latino adolescents and families, and the Social Justice Award from The American Family Therapy Academy. She and her colleagues at MFI have developed many training for many years on multiculturalism in clinical work, and organizational consulting on cultural competence.

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