



Counseling Today: Foundations of Professional Identity

By Darcy H Granello, Mark E. Young

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This innovative entrant into the foundations of counseling market meets the current generation of counseling students in the way they learn best—through meaningful pedagogical features and research-based content.

Through its distinctive features, this text provides opportunities for students to reflect on what they are learning and explore independently through this process of reflection. The authors believe in the development of practitioners who learn through examining controversy, staying abreast of current research, and challenging their own thinking. Such practices will provide students with tools that will ultimately help them develop their professional identities.

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Editorial Review

From the Back Cover

A unique new entrant into the counseling market, *Counseling Today: Foundations of Professional Identity* speaks to the current generation of counseling students in ways they learn best—by using effective pedagogical aids, by presenting real life scenarios, and by tying content to MyHelpingLab, a powerful online resource.

The authors have done a fantastic job of presenting information relative to today's practice of counseling and have updated information on aspects of the field related to the practice of professional counseling in the 21st century. Based on what I have seen, there really are no areas of the book that would detract me from adopting it.

Jeremy Linton (Indiana University, South Bend)

Within every chapter, student will find innovative features:

- **Fast Facts.** These factoids help students immerse themselves in the world of counseling. The authors provide frequent facts to help students continuously contextualize what they are learning in the main body of the text.
- **Words of Wisdom.** Like Fast Facts, these items are scattered throughout the chapters to offer students helpful information that they will take away with them long after their course is complete.
- **Spotlights On** More in-depth than the Fast Facts and Words of Wisdom, this feature focuses on particular issues or people in the field of counseling.
- **Counseling Controversy** Here the authors highlight areas of current discussion in the profession such as “Should counselors engage in diagnosis of mental and emotional disorders?”
- **Snapshots** Here students will read about real counselors in relation to the topic of the chapter.

About the Author

Mark Young is a professor at University of Central Florida. He received his doctorate in Community Counseling from Ohio University in 1985. Since 1987 he has worked as a counselor educator, and his professional experience as a counselor includes more than 20 years in community mental health, corrections, college counseling centers, and private practice. Dr. Young has given workshops at state and national conventions in the United States, Mexico, Russia, and France.

Users Review

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