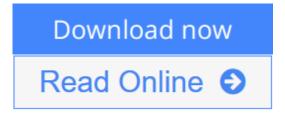


The Essential Teachings of Ramana Maharshi: A Visual Journey

By Matthew Greenblatt



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The Essential Teachings of Ramana Maharshi contains concise, compelling aphorisms that reflect the essence of his teachings. These profound sayings, set against a background of exceptional photographs, help us experience the deep meditative silence which is our natural state. This compilation of wisdom teachings is based in the truth of nonduality and reveals that whichever path we follow, we can realize the profound peace of our infinite nature by turning our attention to the fundamental question that lies at the heart of all spiritual teachings, "Who Am I?"



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Review

"Ramana Maharshi's spiritual greatness is guiding millions of people." -- His Holiness the Dalai Lama

About the Author

Throughout the world's spiritual traditions, few sages command as much respect and admiration as Sri Ramana Maharshi. The Dalai Lama, Carl Jung, Mahatma Gandhi, and others have acknowledged the depth of Ramana's Realization and the direct method of Self-Inquiry that he taught. Ken Wilber has called Ramana Maharshi "the greatest sage of the twentieth century."

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