



Cruising At Last: Sailing the East Coast

By Elliott Merrick

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A retired "working stiff" realizes his dream of becoming a cruising sailor.

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Editorial Review

Review

"Beautifully written and keenly observant, **Cruising at Last** offers up not merely romance and seamanship but the whole transforming art of living while underway on a long, fascinating cruise in a small boat. Elliot Merrick delights in the encounters and challenges of the life. Of the aftermath of one near-disaster, he observes, 'Dawn was breaking, spray flying, and the wine of life flowing fast in us. Gems like that one glisten on almost every page.'"--John Rousmaniere, author of *After the Storm*, *The Annapolis Book of Seamanship*, *Fastnet*, and *Force 10*

"A book of dreams fulfilled, damn well told. Small beauties become big beauties, never forgotten, in a cruise that reveals the ways we all can learn to cope, to look, and to listen."--David Hays, co-author of *My Old Man and the Sea*

"This lyrical, humorous, unpretentious, and utterly absorbing account should become one of those classic books about sailing that both greenhorns and shellbacks will read with fascination and deep pleasure for years to come."--Derek Lundy, author of *The Way of a Ship* and *The Godforsaken Sea*

"What emanates from these pages is the author's charm and his enthusiasm for life under those crisp white wings of main sail and jib."--*Winston-Salem Journal*

From the Back Cover

Elliott Merrick had always wanted to sail the East Coast, but he needed a boat. Not finding what he wanted, amateur cruiser Merrick built his own boat—a twenty-foot sailboat he put together on weekends, in anticipation of the cruise he'd been dreaming of his entire life. Finally, after retiring, he and his wife set out on the water.

This splendid narrative recounts Merrick's exciting journey from novice to accomplished sailor, capturing the sheer delight of a good day's sail. He describes building his boat, learning how to anchor in new harbors, and meeting characters of every sort along the way. Merrick recounts "the unutterable joy of our good days, when the bow wave sparkled white, and the sky was so blue you lost yourself in it."

About the Author

Elliott Merrick has written a number of books, including best-seller *Northern Nurse*. He has also written articles for *The New Yorker*, *Yachting*, and *Rudder*, among others.

Users Review

From reader reviews:

Cassandra Martin:

Here thing why that Cruising At Last: Sailing the East Coast are different and dependable to be yours. First

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