



Sports Medicine Consult: A Problem-Based Approach to Sports Medicine for the Primary Care Physician

By Brian D. Busconi

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This book provides clinicians treating athletes at the point of care with concise, practical keys to evaluation and functional treatment of sports-related problems. It is organized by chief complaint and guides clinicians to a rational differential diagnosis, a thorough history and physical exam, appropriate diagnostic testing, an accurate diagnosis, a sports-specific treatment plan, and safe return-to-play recommendations. Bulleted sections, icons, and a uniform layout help readers quickly find key information to make a diagnosis, order tests, initiate treatment, recognize indications for referral, and identify red flags. Appendices describe injection techniques and detail progressive return-to-play programs for throwing and running athletes.

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- Sales Rank: #2787571 in eBooks
- Published on: 2012-03-30
- Released on: 2012-03-30
- Format: Kindle eBook

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