



Textbook of Obesity: Biological, Psychological and Cultural Influences

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Textbook of Obesity is designed to cover all of the essential elements concerning the etiology, prevention and treatment of obesity suitable for students in nutrition, dietetics and health science courses. Providing core knowledge for students is an essential and urgent requirement to ensure that those graduating will be properly equipped to deal with the high prevalence of overweight and obesity, currently affecting almost two-thirds of the population of the USA and with prevalence in much of the rest of the world rapidly catching up.

This landmark text is organized into 5 parts comprising 27 chapters, each carefully written in a user-friendly style by experts in the area. Part I helps the reader to understand the scope and complexity of the problem of obesity. Part II focuses on obesity etiology. Part III examines the health consequences of obesity for both children and adults. Part IV discusses the challenge of assessing obesity in humans and offers insights into community factors that influence the risk of obesity. Finally, Part V dedicates 13 chapters to a discussion of a wide variety of obesity prevention and treatment interventions that are currently in use.

Textbook of Obesity is an essential purchase for students and the many health professionals dealing with obesity on a day-to-day basis. A dedicated companion website features an extensive bank of questions and answers for readers to test their understanding, and all of the book's illustrations for instructors to download: www.wiley.com/go/akabas/obesity

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Editorial Review

Review

“It also provides useful background information when assessing employees on return to work following surgical treatment for severe obesity, or advising those considering such treatments. It is recommended as a reference book, with the health warning that the statistics, case examples and demographic data are specific to the USA.” (*Occupational Medicine*, 4 October 2012)

Users Review

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This Textbook of Obesity: Biological, Psychological and Cultural Influences book is simply not ordinary book, you have it then the world is in your hands. The benefit you have by reading this book is definitely information inside this publication incredible fresh, you will get information which is getting deeper anyone read a lot of information you will get. This particular Textbook of Obesity: Biological, Psychological and Cultural Influences without we comprehend teach the one who looking at it become critical in thinking and analyzing. Don't always be worry Textbook of Obesity: Biological, Psychological and Cultural Influences can bring any time you are and not make your bag space or bookshelves' come to be full because you can have it inside your lovely laptop even cell phone. This Textbook of Obesity: Biological, Psychological and Cultural Influences having good arrangement in word and layout, so you will not sense uninterested in reading.

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