



The Mindful Coach: Seven Roles for Facilitating Leader Development

By Doug Silsbee

Download now

Read Online 

The Mindful Coach: Seven Roles for Facilitating Leader Development By Doug Silsbee

Praise for The Mindful Coach

"Success in business is predicated on eliciting the best from people. The Mindful Coach clearly articulates the essentials of how to do this. As someone who believes deeply in the potential of all people, I found Silsbee's approach both practical and profound. This is a must-read for everyone concerned with people and learning."—Arthur M. Blank, philanthropist; cofounder, The Home Depot; and owner and CEO, Atlanta Falcons

"The Mindful Coach is not just another coaching model. It is a frame of reference for anyone involved in developing people. This highly readable book should serve as a reference for anyone genuinely concerned about helping others. It has had a significant impact on the way I approach coaching and developing others."—James N. Bassett, M.Ed., employee development, Institute of Nuclear Power Operations

"The Mindful Coach digs deeply, offering a lens and structure for understanding the intimate and necessary connection between relationships and human development. No other skill set, knowledge, or awareness is more important to educators, leaders, and managers than what is presented in this precious volume."—Robert C. Pianta, Ph.D., dean, Curry School of Education, University of Virginia

"This revised edition provides the structure for presence, through which new solutions become available. This book itself is a practice in the art of 'becoming,' while providing a clear action framework for powerfully engaging others with their own development. Silsbee has provided a gift to leaders, teachers, and coaches!"—Connie Maltbie-Shulas, manager, V-22 Training Systems, Boeing

"This book has broad appeal not only for coaches, but also for managers, executives, and consultants. Leaders of all kinds can benefit from Silsbee's clear and caring process for bringing out the best in people. This is a must-read book for anyone who wants to jump-start themselves and others on their journey to

their potential."—Diana Whitney, Ph.D., author, *The Power of Appreciative Inquiry*

"This is the guide for leaders committed to helping others learn. The seven roles will help any leader facilitate more meaningful development conversations. This new edition engaged me instantly, with immediate applications in key relationships."—Darelyn "DJ" Mitsch, MCC, president, The Pyramid Resource Group; former president, The International Coach Federation

 [Download The Mindful Coach: Seven Roles for Facilitating Le ...pdf](#)

 [Read Online The Mindful Coach: Seven Roles for Facilitating ...pdf](#)

The Mindful Coach: Seven Roles for Facilitating Leader Development

By Doug Silsbee

The Mindful Coach: Seven Roles for Facilitating Leader Development By Doug Silsbee

Praise for The Mindful Coach

"Success in business is predicated on eliciting the best from people. The Mindful Coach clearly articulates the essentials of how to do this. As someone who believes deeply in the potential of all people, I found Silsbee's approach both practical and profound. This is a must-read for everyone concerned with people and learning."—Arthur M. Blank, philanthropist; cofounder, The Home Depot; and owner and CEO, Atlanta Falcons

"The Mindful Coach is not just another coaching model. It is a frame of reference for anyone involved in developing people. This highly readable book should serve as a reference for anyone genuinely concerned about helping others. It has had a significant impact on the way I approach coaching and developing others."—James N. Bassett, M.Ed., employee development, Institute of Nuclear Power Operations

"The Mindful Coach digs deeply, offering a lens and structure for understanding the intimate and necessary connection between relationships and human development. No other skill set, knowledge, or awareness is more important to educators, leaders, and managers than what is presented in this precious volume."—Robert C. Pianta, Ph.D., dean, Curry School of Education, University of Virginia

"This revised edition provides the structure for presence, through which new solutions become available. This book itself is a practice in the art of 'becoming,' while providing a clear action framework for powerfully engaging others with their own development. Silsbee has provided a gift to leaders, teachers, and coaches!"—Connie Maltbie-Shulas, manager, V-22 Training Systems, Boeing

"This book has broad appeal not only for coaches, but also for managers, executives, and consultants. Leaders of all kinds can benefit from Silsbee's clear and caring process for bringing out the best in people. This is a must-read book for anyone who wants to jump-start themselves and others on their journey to their potential."—Diana Whitney, Ph.D., author, *The Power of Appreciative Inquiry*

"This is the guide for leaders committed to helping others learn. The seven roles will help any leader facilitate more meaningful development conversations. This new edition engaged me instantly, with immediate applications in key relationships."—Darelyn "DJ" Mitsch, MCC, president, The Pyramid Resource Group; former president, The International Coach Federation

The Mindful Coach: Seven Roles for Facilitating Leader Development By Doug Silsbee Bibliography

- Rank: #181557 in Books
- Published on: 2010-02-15
- Original language: English

- Number of items: 1
- Dimensions: 9.30" h x .98" w x 6.30" l, 1.05 pounds
- Binding: Hardcover
- 288 pages

 [Download The Mindful Coach: Seven Roles for Facilitating Le ...pdf](#)

 [Read Online The Mindful Coach: Seven Roles for Facilitating ...pdf](#)

Download and Read Free Online **The Mindful Coach: Seven Roles for Facilitating Leader Development** By Doug Silsbee

Editorial Review

Review

... takes 'coaching' well beyond popular models into a deeply intentional practice of intentionality and professionalism at their highest levels. -- *James Burke, PhD; Director, Workplace Initiatives Program, Virginia Commonwealth University*

Doug's analysis is clear and intuitive. Its simplicity allows it to be easily used, yet it's rich in detail. -- *Chris Dennen, PhD; Director, Adventure of the American Mind*

Silsbee's approach is both practical and profound. This is a must-read for everyone concerned with people and learning. -- *Arthur Blank; Co-Founder, Home Depot*

The Mindful Coach is personal, spiritual, systematic, and insightful. This is Thich Nhat Hahn meets Stephen Covey! -- *Barbara Fulmer; Director of Training, Jenny Craig International*

The Mindful Coach provides an inspiring and practical roadmap for developing masterful coaching skills on the job. -- *Karen Wunderlin; Consultant, Former VP/Marketing, GE*

With its pertinent perspective, The Mindful Coach will bring an extra, fruitful dimension to the coaching relationship. -- *Henry Berry; The Small Press Book Review*

From the Author

Writing this book has been an enormous pleasure and challenge. Many people have contributed in one way or another. I'm pleased to offer this book, not only to professional coaches, but to all professionals who take their own development, and that of others, seriously.

Coaching and developing people is a critical capability of leaders in any field. This book provides a practical method for doing this more skillfully, based on a proven approach. The reader looking for a set of skills and tools will be happy with the practical tools included here.

The book, however, goes beyond tools and skills. The uniqueness of this book is the particular emphasis on the corresponding development of the coach. The act of coaching itself, when entered into by a thoughtful practitioner, provides a constant invitation to learning.

In my own work with leaders in business, government, and education, I've often felt that I was learning alongside those I was working for. The underlying premise of this book is that we can't truly serve the learning of others unless we are, at the same time, doing our own work. As you coach, you must also be a learner. It's my hope that the book will both inspire and guide you toward this end.

From the Inside Flap

Regardless of your level of coaching experience, you are likely to be asked to support the development of people with whom you share a professional or personal relationship.

In this thoroughly revised and updated edition of his best-selling book *The Mindful Coach*, expert coach Doug Silsbee presents his practical Septet Model as an ideal tool for conducting coaching conversations with

executives, leaders, and other professionals. The model differentiates seven roles (or Voices) that anyone in a coaching role can use when engaging in these learning conversations: Master, Partner, Investigator, Reflector, Teacher, Guide, and Contractor. In this important book, Silsbee illuminates the dynamic relationship among these seven roles and shows how to integrate them into an intelligent strategy that can be applied to any coaching conversation.

Designed as a down-to-earth resource, *The Mindful Coach* is filled with practical exercises and sample dialogues for learning and applying the model. Throughout the book, Silsbee's strong emphasis on self-knowledge and mindfulness integrates with the Septet Model in a transformational approach to coaching that has consistently produced significant and sustainable results for leaders in Fortune 100 companies, nonprofit organizations, business schools, education, and government.

Users Review

From reader reviews:

Lois Reyna:

Book is actually written, printed, or descriptive for everything. You can realize everything you want by a reserve. Book has a different type. We all know that that book is important issue to bring us around the world. Alongside that you can your reading talent was fluently. A publication *The Mindful Coach: Seven Roles for Facilitating Leader Development* will make you to be smarter. You can feel much more confidence if you can know about everything. But some of you think in which open or reading a new book make you bored. It is not make you fun. Why they may be thought like that? Have you in search of best book or suited book with you?

Robert Hicks:

What do you concerning book? It is not important along with you? Or just adding material if you want something to explain what your own problem? How about your spare time? Or are you busy person? If you don't have spare time to try and do others business, it is give you a sense of feeling bored faster. And you have time? What did you do? Every person has many questions above. They should answer that question due to the fact just their can do which. It said that about publication. Book is familiar in each person. Yes, it is proper. Because start from on guardería until university need this specific *The Mindful Coach: Seven Roles for Facilitating Leader Development* to read.

Brian Wallace:

This *The Mindful Coach: Seven Roles for Facilitating Leader Development* book is absolutely not ordinary book, you have it then the world is in your hands. The benefit you have by reading this book is usually information inside this e-book incredible fresh, you will get facts which is getting deeper a person read a lot of information you will get. This particular *The Mindful Coach: Seven Roles for Facilitating Leader Development* without we realize teach the one who examining it become critical in considering and analyzing. Don't always be worry *The Mindful Coach: Seven Roles for Facilitating Leader Development* can bring once you are and not make your tote space or bookshelves' come to be full because you can have it in your lovely laptop even phone. This *The Mindful Coach: Seven Roles for Facilitating Leader Development*

having great arrangement in word and also layout, so you will not experience uninterested in reading.

Jeffery Bruce:

As people who live in often the modest era should be revise about what going on or info even knowledge to make these keep up with the era which is always change and make progress. Some of you maybe can update themselves by reading books. It is a good choice for yourself but the problems coming to a person is you don't know what type you should start with. This *The Mindful Coach: Seven Roles for Facilitating Leader Development* is our recommendation so you keep up with the world. Why, because this book serves what you want and wish in this era.

Download and Read Online *The Mindful Coach: Seven Roles for Facilitating Leader Development* By Doug Silsbee #B64AXPJS80W

Read The Mindful Coach: Seven Roles for Facilitating Leader Development By Doug Silsbee for online ebook

The Mindful Coach: Seven Roles for Facilitating Leader Development By Doug Silsbee Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Mindful Coach: Seven Roles for Facilitating Leader Development By Doug Silsbee books to read online.

Online The Mindful Coach: Seven Roles for Facilitating Leader Development By Doug Silsbee ebook PDF download

The Mindful Coach: Seven Roles for Facilitating Leader Development By Doug Silsbee Doc

The Mindful Coach: Seven Roles for Facilitating Leader Development By Doug Silsbee Mobipocket

The Mindful Coach: Seven Roles for Facilitating Leader Development By Doug Silsbee EPub

B64AXPJS80W: The Mindful Coach: Seven Roles for Facilitating Leader Development By Doug Silsbee