



The Procrastinator's Guide to Success

By Lynn Lively

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The Procrastinator's Guide to Success By Lynn Lively

Everyone procrastinates. The question is, is doing nothing working for you or against you? Author Lynn Lively, a self-confessed (but reformed) procrastinator, will help you get to where you want to go...with no more excuses. With THE PROCRASTINATOR'S GUIDE TO SUCCESS, you can stop losing precious time, break the cycle of self-blame, overcome inertia, and create the life you really want.

Procrastination can be defined as the failure to make things happen. But are you really procrastinating, or simply thinking about a problem to be solved? THE PROCRASTINATOR'S GUIDE TO SUCCESS will show you how to tell the difference!

You will also learn how to: work through "worst-case" scenarios; figure out what's within your control and what isn't; procrastinate strategically; and, finally, practice self-direction! Special sections include: Confessions of a Procrastinator; "Brain-dumps," "Gut-wrenchers," "Busywork Alerts," and other handy lists. Want to be your own biggest fan? Be the hero of your own life by making your own dreams come true. Read THE PROCRASTINATOR'S GUIDE TO SUCCESS and prepare for your life to change.

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Editorial Review

From the Back Cover

Is there a phone call you dread making? What about that task you can't bring yourself to begin? Are you stuck on a project and at a loss about what to do next? Do you want to procrastinate less and start living life to the fullest now? Then it's time to read this book!

The Procrastinator's Guide to Success is about daring to take the risks necessary to move forward. It's about you; how you can find your own ways to overcome procrastination, create the life you really want, and savor each day to the fullest. Everyone procrastinates. The question is, is doing nothing working for you or against you? Author Lynn Lively, a self-confessed (but reformed) procrastinator, will help you get to where you want to go...with no more excuses.

With the Procrastinator's Guide to Success, you can: work through worst-case scenarios; figure out what's within your control and what isn't; procrastinate strategically! Procrastination can be defined as the failure to make things happen. But are you really procrastinating, or instead wisely considering your options about how to solve a problem?

The Procrastinator's Guide to Success will show you how to tell the difference! You will also learn how to: stop losing precious time; break the cycle of self-blame; create your own success! Want to be your biggest fan? Be the hero of your own life by making your own dreams come true. Read The Procrastinator's Guide to Success and prepare for your life to change.

About the Author

Lynn Lively is cofounder of American Pioneer Sonars, a company founded in 1981 and recognized by the Small Business Administration and former President Bush for excellence in exporting. A popular speaker and writer on procrastination, workplace decisionmaking, and clear-thinking skills, Ms. Lively is the author of Managing Information Overload, and holds two Masters degrees.

Users Review

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