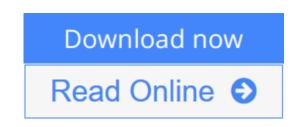


## Living Well with Hypothyroidism: What Your Doctor Doesn't Tell You... That You Need to Know (Revised Edition)

By Mary J. Shomon



Living Well with Hypothyroidism: What Your Doctor Doesn't Tell You... That You Need to Know (Revised Edition) By Mary J. Shomon

The Most Comprehensive Resource Available on the Diagnosis and Treatment of Hypothyroidism

For millions of Americans, hypothyroidism often goes untreated ... or is treated improperly. This book, thoroughly researched by the nation's top thyroid patient advocate—a hypothyroidism patient herself—provides you with answers to all your questions, including:

- What is hypothyroidism?
- What are the warning signs, symptoms, and risk factors?
- Why is getting diagnosed often a challenge, and how can you overcome the obstacles?
- What treatments are available (including those your doctor hasn't told you about)?
- Which alternative and holistic therapies, nutritional changes, and supplements may help treat hypothyroidism?

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#### **Editorial Review**

#### About the Author

Diagnosed with a thyroid disease in 1995, Mary J. Shomon has transformed her health challenges into a mission as an internationally known patient advocate. She is the founder and editor in chief of several thyroid, autoimmune, and nutrition newsletters, as well as the Internet's most popular thyroid disease website, www.thyroid-info.com. She lives in Kensington, Maryland.

#### **Users Review**

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Spent a free the perfect time to be fun activity to accomplish! A lot of people spent their sparetime with their family, or all their friends. Usually they doing activity like watching television, about to beach, or picnic in the park. They actually doing same every week. Do you feel it? Would you like to something different to fill your current free time/ holiday? Could possibly be reading a book can be option to fill your free time/ holiday. The first thing that you will ask may be what kinds of reserve that you should read. If you want to try out look for book, may be the guide untitled Living Well with Hypothyroidism: What Your Doctor Doesn't Tell You... That You Need to Know (Revised Edition) can be excellent book to read. May be it can be best activity to you.

#### **Michael Taylor:**

The reason why? Because this Living Well with Hypothyroidism: What Your Doctor Doesn't Tell You... That You Need to Know (Revised Edition) is an unordinary book that the inside of the guide waiting for you to snap that but latter it will surprise you with the secret it inside. Reading this book alongside it was fantastic author who else write the book in such amazing way makes the content inside easier to understand, entertaining way but still convey the meaning completely. So , it is good for you for not hesitating having this any longer or you going to regret it. This amazing book will give you a lot of gains than the other book include such as help improving your skill and your critical thinking method. So , still want to delay having that book? If I have been you I will go to the e-book store hurriedly.

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