

EMDR Made Simple: 4 Approaches to Using EMDR with Every Client

By Jamie Marich

Download now

Read Online 

EMDR Made Simple: 4 Approaches to Using EMDR with Every Client By Jamie Marich

Eye Movement Desensitization and Reprocessing (EMDR) has established itself as an evidence-based psychotherapy for the treatment of trauma and other related mental health disorders. Despite the numerous studies touting EMDR's efficacy, it is still largely regarded as too complicated to understand, a major factor in why many who have been trained in EMDR no longer use it. *EMDR Made Simple: 4 Approaches to Using EMDR with Every Client* offers a fresh approach to understanding, conceptualizing, and ultimately implementing EMDR into clinical settings. Dr. Jamie Marich brings in her clinical experience from other modalities and disciplines to show that EMDR is more than just a series of protocols that need to be mastered in order for it to be effective. Using common sense language, clinical cases, and practical examples, *EMDR Made Simple* will give you the tools to build on your existing clinical knowledge and make EMDR work for you and your clients. "After completing both Part I and II EMDR training I felt somewhat lost in how to tailor my personal approach with clients while maintaining the integrity of the EMDR method. Dr. Marich's book not only illuminated the way for me but gave me the confidence I needed to expand my private practice using EMDR. Her vast clinical experience, directed resources and practical hands on examples demonstrated to me the usefulness of EMDR for a range of clients. *EMDR Made Simple* is an easy to read guide to EMDR greatly influenced by Dr. Marich's friendly and very personable style. Her 4 approaches to EMDR allow the reader to find a mode that works for them while not compromising the best practices efficacy of the EMDR protocol." ~Karen Anderson, M.S., LMFT Private Practice, Las Vegas, NV "I am convinced that eye-movement desensitization and reprocessing (EMDR) is the most important psychological discovery since Freud. The only problem seems to be the early EMDR researchers, who were very successful in terms of demonstrating that clinical efficacy of EMDR, may have prematurely 'locked into' a rather strict protocol that could have benefited from some improvements along the way. Dr. Marich provides a very thoughtful analysis of this issue. Her work will do much to help us evaluate both the future of EMDR, and many of its various derivatives." ~Allan Botkin, Psy.D. *Induced After Death Communication: A New Therapy for Healing Grief and Trauma* "Unlike many authors and EMDR practitioners who have attempted to –and for decades have succeeded in–

shrouding this efficient, effective trauma modality in secrecy and mystique-imbuing fear and doubt in many trauma-competent clinicians, Marich clarifies, simplifies and sheds much needed light on this heretofore esoteric process.” ~Linda Curran, BCPC, LPC, CACD, CCPD Trauma competency: A Clinician’s Guide “I applaud Dr. Marich for expanding the accessibility of the EMDR Approach even further. EMDR Made Simple...provides an inclusive scope sending a clear message of mutual respect while supporting an understanding of the EMDR Approach uniting the therapeutic community. A must read for all clinicians!” ~Earl Grey, Ph. D. Unify Your Mind: Connecting the Feelers, Thinkers, and Doers of Your Brain “Dr. Marich has shown her years of wisdom and professional experience to write a captivating book on EMDR. Her touching stories about her own recovery from trauma will inspire the reader to empathize with the struggles of their patients. Dr. Marich uses her struggles as metaphors to help the reader understand complex treatment protocols while encouraging readers to adapt theory and protocol to their own personal style of therapy. This is a must read book for both beginning and experienced therapists.” ~Douglas Darnall, Ph.D. Divorce Casualties and Beyond Divorce Casualties

 [Download EMDR Made Simple: 4 Approaches to Using EMDR with ...pdf](#)

 [Read Online EMDR Made Simple: 4 Approaches to Using EMDR wit ...pdf](#)

EMDR Made Simple: 4 Approaches to Using EMDR with Every Client

By Jamie Marich


EMDR Made Simple: 4 Approaches to Using EMDR with Every Client By Jamie Marich

Eye Movement Desensitization and Reprocessing (EMDR) has established itself as an evidence-based psychotherapy for the treatment of trauma and other related mental health disorders. Despite the numerous studies touting EMDR's efficacy, it is still largely regarded as too complicated to understand, a major factor in why many who have been trained in EMDR no longer use it. *EMDR Made Simple: 4 Approaches to Using EMDR with Every Client* offers a fresh approach to understanding, conceptualizing, and ultimately implementing EMDR into clinical settings. Dr. Jamie Marich brings in her clinical experience from other modalities and disciplines to show that EMDR is more than just a series of protocols that need to be mastered in order for it to be effective. Using common sense language, clinical cases, and practical examples, *EMDR Made Simple* will give you the tools to build on your existing clinical knowledge and make EMDR work for you and your clients. "After completing both Part I and II EMDR training I felt somewhat lost in how to tailor my personal approach with clients while maintaining the integrity of the EMDR method. Dr. Marich's book not only illuminated the way for me but gave me the confidence I needed to expand my private practice using EMDR. Her vast clinical experience, directed resources and practical hands on examples demonstrated to me the usefulness of EMDR for a range of clients. *EMDR Made Simple* is an easy to read guide to EMDR greatly influenced by Dr. Marich's friendly and very personable style. Her 4 approaches to EMDR allow the reader to find a mode that works for them while not compromising the best practices efficacy of the EMDR protocol." ~Karen Anderson, M.S., LMFT Private Practice, Las Vegas, NV "I am convinced that eye-movement desensitization and reprocessing (EMDR) is the most important psychological discovery since Freud. The only problem seems to be the early EMDR researchers, who were very successful in terms of demonstrating that clinical efficacy of EMDR, may have prematurely 'locked into' a rather strict protocol that could have benefited from some improvements along the way. Dr. Marich provides a very thoughtful analysis of this issue. Her work will do much to help us evaluate both the future of EMDR, and many of its various derivatives." ~Allan Botkin, Psy.D. *Induced After Death Communication: A New Therapy for Healing Grief and Trauma* "Unlike many authors and EMDR practitioners who have attempted to –and for decades have succeeded in– shrouding this efficient, effective trauma modality in secrecy and mystique-imbuing fear and doubt in many trauma-competent clinicians, Marich clarifies, simplifies and sheds much needed light on this heretofore esoteric process." ~Linda Curran, BCPC, LPC, CACD, CCPD *Trauma competency: A Clinician's Guide* "I applaud Dr. Marich for expanding the accessibility of the EMDR Approach even further. *EMDR Made Simple*...provides an inclusive scope sending a clear message of mutual respect while supporting an understanding of the EMDR Approach uniting the therapeutic community. A must read for all clinicians!" ~Earl Grey, Ph. D. *Unify Your Mind: Connecting the Feelers, Thinkers, and Doers of Your Brain* "Dr. Marich has shown her years of wisdom and professional experience to write a captivating book on EMDR. Her touching stories about her own recovery from trauma will inspire the reader to empathize with the struggles of their patients. Dr. Marich uses her struggles as metaphors to help the reader understand complex treatment protocols while encouraging readers to adapt theory and protocol to their own personal style of therapy. This is a must read book for both beginning and experienced therapists." ~Douglas Darnall, Ph.D. *Divorce Casualties and Beyond Divorce Casualties*

EMDR Made Simple: 4 Approaches to Using EMDR with Every Client By Jamie Marich Bibliography

- Sales Rank: #84484 in Books
- Brand: Brand: Premier Publishing Media
- Published on: 2011-08-01
- Original language: English
- Number of items: 1
- Dimensions: 8.00" h x .72" w x 5.25" l, .73 pounds
- Binding: Paperback
- 316 pages

 [Download EMDR Made Simple: 4 Approaches to Using EMDR with ...pdf](#)

 [Read Online EMDR Made Simple: 4 Approaches to Using EMDR wit ...pdf](#)

Download and Read Free Online EMDR Made Simple: 4 Approaches to Using EMDR with Every Client By Jamie Marich

Editorial Review

Users Review

From reader reviews:

Diana Ham:

Do you have favorite book? In case you have, what is your favorite's book? Reserve is very important thing for us to know everything in the world. Each e-book has different aim or maybe goal; it means that guide has different type. Some people really feel enjoy to spend their time for you to read a book. They are reading whatever they acquire because their hobby is usually reading a book. Think about the person who don't like reading a book? Sometime, person feel need book once they found difficult problem or even exercise. Well, probably you should have this EMDR Made Simple: 4 Approaches to Using EMDR with Every Client.

Gary Tawney:

What do you concerning book? It is not important along with you? Or just adding material when you want something to explain what the ones you have problem? How about your time? Or are you busy man? If you don't have spare time to do others business, it is give you a sense of feeling bored faster. And you have spare time? What did you do? Everybody has many questions above. They have to answer that question because just their can do which. It said that about reserve. Book is familiar in each person. Yes, it is correct. Because start from on pre-school until university need this kind of EMDR Made Simple: 4 Approaches to Using EMDR with Every Client to read.

Willie Quinones:

Spent a free a chance to be fun activity to complete! A lot of people spent their spare time with their family, or their own friends. Usually they undertaking activity like watching television, going to beach, or picnic in the park. They actually doing same thing every week. Do you feel it? Do you want to something different to fill your current free time/ holiday? May be reading a book can be option to fill your cost-free time/ holiday. The first thing that you will ask may be what kinds of reserve that you should read. If you want to attempt look for book, may be the reserve untitled EMDR Made Simple: 4 Approaches to Using EMDR with Every Client can be good book to read. May be it might be best activity to you.

Mary Ruch:

Playing with family in the park, coming to see the ocean world or hanging out with buddies is thing that usually you could have done when you have spare time, subsequently why you don't try matter that really opposite from that. 1 activity that make you not sense tired but still relaxing, trilling like on roller coaster you are ride on and with addition info. Even you love EMDR Made Simple: 4 Approaches to Using EMDR with

Every Client, you can enjoy both. It is excellent combination right, you still wish to miss it? What kind of hang type is it? Oh come on its mind hangout men. What? Still don't understand it, oh come on its identified as reading friends.

Download and Read Online EMDR Made Simple: 4 Approaches to Using EMDR with Every Client By Jamie Marich #9W031Z2IOM4

Read EMDR Made Simple: 4 Approaches to Using EMDR with Every Client By Jamie Marich for online ebook

EMDR Made Simple: 4 Approaches to Using EMDR with Every Client By Jamie Marich Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read EMDR Made Simple: 4 Approaches to Using EMDR with Every Client By Jamie Marich books to read online.

Online EMDR Made Simple: 4 Approaches to Using EMDR with Every Client By Jamie Marich ebook PDF download

EMDR Made Simple: 4 Approaches to Using EMDR with Every Client By Jamie Marich Doc

EMDR Made Simple: 4 Approaches to Using EMDR with Every Client By Jamie Marich Mobipocket

EMDR Made Simple: 4 Approaches to Using EMDR with Every Client By Jamie Marich EPub

9W031Z2IOM4: EMDR Made Simple: 4 Approaches to Using EMDR with Every Client By Jamie Marich