



Practicing Core Reflection: Activities and Lessons for Teaching and Learning from Within

By Frits G. Evelein, Fred A. J. Korthagen

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Practicing Core Reflection features 78 concrete educational activities and exercises based on research. These can be used individually and in groups to support 'teaching and learning from within.' Core Reflection is an approach focused on people's personal strengths and on using practical strategies to overcome obstacles to the enactment of these strengths. This approach has been used in many contexts all over the world and has shown great promise in helping to re-chart the course for education and to re-think its purpose in global and democratic societies. Additional tools (Cards, Figures, Tables, Forms in a printable PDF format) are provided on this website (under the eResources tab). Building on the theoretical foundations established in Korthagen, Kim, and Green's *Teaching and Learning from Within: A Core Reflection Approach to Quality and Inspiration in Education*, this companion volume can be used together with it or on its own to engage educators in exploring what it means to bring out the best in oneself, in students, in colleagues, and others? a critically significant project if education is to realize new levels of possibility and potential.

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Editorial Review

Review

"The vast majority of teachers are passionate about their work; Evelein and Korthagen describe how to tap this passion in order to sustain them in their important work. This project is exciting and full of potential for me as a teacher mentor."

Paul McCormick, University of Pennsylvania Graduate School of Education, USA

"This book is at the forefront of the field. As a 'workbook' it takes theory and practice, moulds them together in useable ways, and makes it possible for a teacher to not only make sense of the ideas but be capable of leading their development in classroom practice."

John Loughran, Monash University, Australia

"This is a unique collection that will enhance the work of all who aspire to become reflective practitioners."

Tom Russell, Queen's University, Canada

About the Author

Frits G. Evelein is an expert in education and art. He held various positions as a professor in teacher education at Utrecht University in the Netherlands, and in music and arts education at Codarts University of Performing Arts in Rotterdam. Currently he is involved in developing innovations in education and art.

Fred A.J. Korthagen is emeritus professor of Education at Utrecht University in the Netherlands. In 2000 and in 2006, he received the Exemplary Research in Teaching and Teacher Education Award from the Teaching and Teacher Education division of AERA. In 2009, he received the Distinguished Research Award from the Association of Teacher Educators.

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