



## The Frugal Gourmet

*By Jeff Smith*

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### **The Frugal Gourmet** By Jeff Smith

All the ingredients that make THE FRUGAL GOURMET one of the most popular cooking shows on television are in this bestselling cookbook, including: a complete range of cooking techniques, advice on kitchen equipment, special hints and tips, exciting ideas for vegetarian meals, PLUS more than 100 illustrations of recipes and techniques.

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## **The Frugal Gourmet** By Jeff Smith Bibliography

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