



Many Paths, One Mountain: The Five Steps of the Spiritual Journey

By Cheryl Marlene

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The tools, practices and ideas which fuel powerful and personal spiritual journey:

Many Paths, One Mountain

The Five Steps in the Spiritual Journey

Your spiritual journey is exploration and adventure into the best of who you are and can become. As you let go of out-dated belief, fear, expectation, and judgment, life as spiritual journey helps uncover your wholeness and balance, your truth, trust and love.

Spiritual journey embraces your heart, integrates your soul, and brings mind and body together as one. This book is a guide for your spiritual journey and practice, helping you navigate the five steps:

- **The Call:** Hearing Spirit within
- **Preparation:** Making room for Spirit to dwell
- **Initiation:** Receiving gifts of Spirit
- **Transformation:** Letting Spirit guide.
- **Integration:** Heart and mind as One with Spirit.

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Editorial Review

Review

"I loved this book! Cheryl does a great job of gently taking you through your personal spiritual journey and helps you to understand yourself on a deeper level in order to move toward "wholeness and balance." If you are wanting to know more about yourself and your path and learn to finally let go of old habits and fears and open yourself to love and acceptance, then I highly recommend this book. Loved it!!!" - Amazon.com

Reviewer

About the Author

Cheryl Marlene has embraced the Akashic Records as the soul's spiritual practice and brings a unique view to the possibilities of understanding the challenges and gifts of the spiritual journey. Her unique energetic understanding of the Akashic Records offers powerful perspective for clients and students around the world through one-on-one work, classes and workshops. She is the Founder of the Akashic Records School and author of several books on the Akashic Records and spiritual practice.

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