



Jamaican Cooking Made Easy: Volume I

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Enjoy a Jamaican recipe for every day and season of the year, Volume I of Jamaican Cooking Made Easy is the largest compilation of Jamaican recipes packed with new and flavorful dishes along with the traditional ones will put your taste buds to work enjoying every unique blend of herbs and spices. Chef Trevor Blake ? Cooking Tutor Cayman Islands ? As an experienced chef of over 27 years this is the first truly authentic Jamaican recipe book that I have used. I recommend it to my students and use it in lessons as it uses very simple ingredients to create masterpiece Jamaican dishes, a must have for cooks and chefs all over the world.

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Editorial Review

About the Author

GetJamaica.Com has been documenting Jamaican recipes for over seven (7) years and has amassed over two thousand of the most natural, nutritious and flavorsome authentic Jamaican recipes. Having tried and tested the recipes in this cookbook, GetJamaica.Com offers easy to follow cooking techniques that are guaranteed to make every meal nutritious and delicious to put the pleasure back into eating.

Users Review

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