



Social Work Practice with Families: A Resiliency-Based Approach

By Mary Patricia Van Hook

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Social Work Practice with Families is a useful guide to family therapy with a strengths-based perspective that focuses on families vitality and capacity to thrive. The book explores resiliency as an empirically grounded framework with which to conduct assessments with families effectively. Van Hook presents a thorough discussion of contemporary treatment models, clearly demonstrating the importance of selecting appropriate treatments based on the specifics of each assessment. Using extensive case materials drawn from both the United States and Canada, this new edition explores the various factors associated with family resiliency in the context of diverse cultures, family structures, and difficult life events.

The new edition of this leading family practice text has been updated to reflect the changing nature of family therapy and the evolving needs of educators and practitioners alike. Van Hook has added valuable new information on the history of family therapy and the family life cycle, and has included sections on working with military families, families affected by substance abuse, and attachment issues. The text is firmly grounded in empirical literature on treatment models and the factors that influence resiliency in families in general, as well as in specific cultural groups, family structures, and in problem situations.

Features: New! Classroom-ready PowerPoint slides available online. New! Overview on meeting CSWE s curriculum competencies. New! Discussion questions following each chapter. A clear, practice-focused discussion of contemporary treatment models including Social Learning/Cognitive, Psychoeducation, Structural, Solution Focused, Narrative, Multisystemic, Bowen Family System, and Object Relations. Each chapter presents the link between assessment and the specific treatment model discussed to help students learn ways to make appropriate selections of treatment strategies.

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Editorial Review

Review

"*Social Work Practice with Families: A Resiliency-Based Approach* provides a thorough and helpful resource for both BSW and MSW classrooms, but can also be a useful tool for any social worker, even those not working directly in family practice. The inclusion of a chapter on family spirituality also ensures that both practitioners and students have at least some knowledge on how to identify religion, faith, or spirituality as a strength and potential resource for the family. This, along with the thorough exploration of a wide variety of treatment modalities and a review of some significant family challenges, makes Van Hook's book a tool that all social workers in direct practice should have on their shelves."

--*Social Work & Christianity*

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---*Social Work & Christianity*

About the Author

Mary Van Hook (PhD, Rutgers University;MS, Columbia University) is professor emerita of the University of Central Florida School of Social Work and has extensive experience as a clinical social worker working with families. She has written in the areas of families, rural mental health, spirituality, and women s issues both domestically and internationally. She received the Howery Award for outstanding contributions to rural mental health and the Award for Distinguished Service to Christianity in Social Work by the North American Association for Christians in Social Work (NACSW), where she was the Alan Keith-Lucas keynote presenter in 2012.

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